

Volunteer Skier/Boarder - Overview of Role

Adaptive Snowsports Aldershot (ASA)

Prior to the session, please reply to the pre-session email so that we can know that you are coming and can plan accordingly.

On arrival

- Check-in with the Slope Organiser who will inform you of your role, pairings. If it is your first time with ASA, you will be introduced to the instructor who you will be with during the session. For at least the 1st three sessions, you will be paired with an existing Volunteer
- Ask one of the team to set up your skis for you (unless you are trained to do so) and check that your skier's equipment has been set up. The centre can provide you with boots, skis, a helmet and ASA tabard
- Review the "skier card" for your skier/boarder. This will tell you their level and what they were working on during the last session
- If you are working with a new skier/boarder, review the Participation Form and speak to the instructor assessing them to find out how the participant will ski and any points to note. The instructor will also have reviewed the Participation Form and will have a discussion with the skier and/or Guardian prior to going onto the slope. This is to clarify what is on the Form and to ascertain the participant's aims and any concerns

On the slope

- Safety is the key consideration, so please ensure this is a priority, this includes not obstructing the bottom of the slope and often being the eyes and ears of your skier/boarder
- Enjoyment is the next priority, followed by Learning
- Beginner skiers are assigned an instructor to teach them the basics. You will not be asked to teach unless you are an instructor, but you may be working with an instructor or helping skiers who do not need instruction
- If you are unsure about anything, or are uncomfortable about doing something please say so

At the end of the session

- Help your skier/boarder return their equipment
- Write brief session notes on the "Skier's Card"
- If you are new, please ensure you have completed Volunteer Form & provided the Session Co-ordinator with your email

When on the slope it is a requirement for everyone skiing/boarding to wear long sleeves, trousers & gloves. Most people also wear helmets, but this is not mandatory. We would also appreciate it if you could wear an ASA tabard

Thank you for volunteering with ASA. Any questions, please email us at: adaptivesnowsportsaldershot@gmail.com